

<p><b>2</b></p> <p><b>Happy New Year!!!!</b></p> <p><i>side items</i></p>	<p><b>3</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>4</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>5</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>6</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>
<p><b>9</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>10</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>11</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>12</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>13</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>
<p><b>16</b></p> <p><b>Martin Luther King Day</b></p> <p><i>side items</i></p>	<p><b>17</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>18</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>19</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>20</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>
<p><b>23</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>24</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>25</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>26</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>27</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>
<p><b>30</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>31</b></p> <p><b>Bagel or Yogurt or Assorted Cereal w/St Cheese</b> Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1% or Chocolate Skim</p>	<p><b>1</b></p> <p><i>side items</i></p>	<p><b>2</b></p> <p><i>side items</i></p>	<p><b>3</b></p> <p><i>side items</i></p>



**Daily Breakfast Specials: Pancakes, Egg sandwich, Frudel, Pancakes**

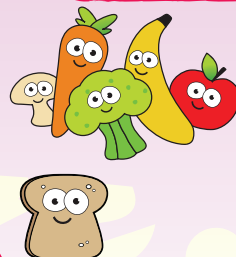
Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

*Nutritional Messages may vary by school.*

This institution is an equal opportunity provider.

**Breakfast \$1.25 Reduced .25c**



Questions or Concerns, or ideas...Let me know



**Cara Dimarsico**  
Food Service Director 526-7847 ext 1321



Designed to meet **HealthierUS Challenge Gold Criteria**





# Elementary School Lunch Menu

January 2017

**2**  
**Happy New Year!!!!**

*side items*

**3**  
**Pasta with Meat Sauce w/Breadstick**  
Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

*side items*

**Green beans**  
Orange, juice

**4**  
**Chicken Nuggets with Mozz Sticks Combo (3and 2)**  
Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

*side items*

**Steamed Carrots**  
Pears, Juice

**5**  
**Cheeseburger/Hamburger**  
Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

*side items*

**Baked Beans**  
Applesauce, juice

**6**  
**Pizza**  
Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

*side items*

**Carrots**  
Diced Pears, juice

**9**  
**Chicken Tenders w/Dinner Roll**  
Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

*side items*

**Fries**  
Mixed Fruit, Juice

**10**  
**Chicken Mashed Potato Bowl**  
Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

*side items*

**Mixed Veggies**  
Peaches, juice

**11**  
**Macaroni and Cheese**  
Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

*side items*

**Corn**  
Diced Pears, juice

**12**  
**Hot Dog, Corn Dog**  
Yogurt w/Bagel or String Cheese Chicken Salad w/ Dinner Roll Bologna & Cheese Sandwich, Pbj

*side items*

**Baked Beans**  
Celery or Cucumber, Juice

**13**  
**Pizza**  
Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

*side items*

**Broccoli**  
Grapes, juice

**16**  
**Martin Luther King Day**

*side items*

**17**  
**Nachos, Pulled Pork Sandwich**  
Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

*side items*

**Green beans**  
Peaches, juice

**18**  
**Popcorn Chicken with Broccoli and Rice**  
Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich PBJ, Salad Platter

*side items*

Apple, juice

**19**  
**Penne with Meatsauce, Hot Dog**  
Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Diced Chicken Salad Platter

*side items*

**Charro Beans**  
Applesauce, juice

**20**  
**Pizza**  
Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

*side items*

**Peas**  
Orange, juice

**23**  
**Chicken Patty Sandwich, Cheese Quesadilla**  
Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

*side items*

**Mixed Veggies**  
Cucumber or Celery, Juice

**24**  
**Chicken Nuggets and Mozz Sticks Combo (3and 2)**  
Yogurt w/Bagel or String Cheese Salami & Cheese Sandwich Pbj, Salad Platter

*side items*

**Carrots**  
Diced Peaches, Juice

**25**  
**Tacos**  
Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

*side items*

**Corn**  
Diced Pears, juice

**26**  
**Pizza Sticks w/Sauce, Burger**  
Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

*side items*

**Corn**  
Diced Pears, juice

**27**  
**Pizza**  
Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

*side items*

**Broccoli**  
Orange, juice

**30**  
**Pancakes w/Sausage and Hash Brown Patty**  
Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

*side items*

**Tator Tots**  
Mixed Fruit, Juice

**31**  
**Macaroni and Cheese**  
Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

*side items*

**1**

*side items*

**2**

*side items*

**3**

*side items*



Lunch consists of a Grain, Protein fruit/Veggie and Milk

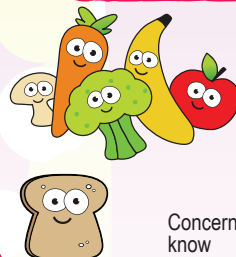
Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

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Lunch \$2.55 Reduced .25c Adult \$3.61



### Healthy Snack Options!!!

Use MYSCHOOLBUCKS and add money to your child's account

Concern, Question, let me know



**Cara Dimarsico**  
Food Service Director 526-7847 ext 1321



Designed to meet HealthierUS Challenge Gold Criteria

