Putnam Valley High School

December 2014

1
Breaded Baked Chicken
Cheese or Buffalo Chix Pizza
Turkey, Bacon, Cheese Wrap
MTO Deli, Assorted Salads
side items
Pasta Salad, Carrots,
Assorted Fruit

2
Korean Beef Wrap
Hamburger, Cheeseburger, Gardenburger
Sweet & Sour Popcorn Chicken
MTO Deli, Assorted Salads
side items
Brown Rice, Stir Fry Veggies
Assorted Fruit

3
Nacho Platter
Cheese or Hawaiian Pizza
Philly Cheesesteak
MTO Deli, Assorted Salads
side items
Corn, Black Beans
Assorted Fruit

4
Hot Dog Bar, Chili in a Bread Bowl
Hamburger, Cheeseburger, Gardenburger
Grilled Chicken BLT
MTO Deli, Assorted Salads
side items
Baked Fries, Cole Slaw
Assorted Fruit

5
Baked Ziti w/Meat Sauce
Cheese or White Pizza
Chix Patty Sandwich
MTO Deli, Assorted Salads
side items
Broccoli, Garden Salad
Assorted Fruit

8 Fuel
Ranch Chicken Flatbread
Cheese or Pepperoni Pizza
Pizza Sticks w/Marinara
MTO Deli, Assorted Salads
French Fries, Glazed Carrots
Assorted Fruit

9
Cheese Ravioli w/ Alfredo Sauce
Hamburger, Cheeseburger, Gardenburger
Chicken Cutlet Parmesan w/Bread Stick
side items
Broccoli, Garden Salad
Assorted Fruit

10
Hard or Soft Shell Tacos
Cheese or Taco Pizza
Cheese Calzone
MTO Deli, Assorted Salads
side items
Rice & Beans, Corn, Toppings
Assorted Fruit

11
Chipotle Bar
Hamburger, Cheeseburger, Gardenburger
Sausage & Pepper Wedge
MTO Deli, Assorted Salads
side items
Black Beans, Cilantro Lime Rice
Assorted Fruit

12
Chicken Patty Plain or Spicy
Cheese or Chix Bacon Ranch Pizza
Homemade Macaroni & Cheese
MTO Deli. Assorted Salads
side items
Garden Salad, Green Beans
Assorted Fruit

15
Popcorn Chicken Bites w/Roll
Cheese or Pepperoni Pizza
Slow Roasted Pulled Pork
MTO Deli, Assorted Salads
side items
Mashed Potatoes, Gravy, Corn
Assorted Fruit

16
Chicken Fried Rice
Hamburger, Cheeseburger, Gardenburger
Pizza Crunchers w/Roll
MTO Deli, Assorted Salads
side items
Stir Fry Veggies, Roasted Chick Peas
Assorted Fruit

17 Fuel
Spag w/All Beef Meatballs, Italian Meatball Flatbread
Cheese or Veggie Pizza
Chicken & Cheese Quesadilla
Garden Salad, Green Beans
Assorted Fruit

18
French Toast w/Sausage Patty
Hamburger, Cheeseburger, Gardenburger
Bacon, Egg, & Cheese Sandwich
MTO Deli. Assorted Salads
side items
Home Fries, Cinn Apples, Baby Carrots
Assorted Fruit

19
Chicken Broccoli Alfredo
Cheese or Buffalo Chix Pizza
Chicken Patty Sandwich
MTO Deli, Assorted Salads
side items
Garden Salad, Glazed Carrots
Assorted Fruit

22
Beef Enchiladas
Cheese or Pepperoni Pizza
Chicken Snack Wrap
MTO Deli, Assorted Salads
side items
Tater Tots, Carrots
Assorted Fruit

23
Chicken Marsala
Hamburger, Cheeseburger, Gardenburger
Mozzarella Sticks w/Roll
MTO Deli, Assorted Salads
side items
Brown Rice, Broccoli
Assorted Fruit

24
Holiday Recess
School Closed
side items

25
Holiday Recess
School Closed
side items

26
Holiday Recess
School Closed
side items

Questions? Williams-Elizabeth@Aramark.com, 845-526-7847 ext. 1321.

Made with Healthy Whole Grains

Ovo-Lacto Vegetarian, may contain Egg & Milk

Local ingredients are always used when in season

Nutritional Messages may vary by school.

Lunch is $2.50, 2nd Entree $2.00

BREAKFAST AVAILABLE DAILY

Baby carrots and assorted raw vegetables avaiable every day.

Whole grain breads and rolls

Choice of milk with all lunches

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