






# Putnam Valley Middle School

February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b>Special News...</b>  Available Daily Assorted Sandwiches available Daily Pizza every Mon, Wed & Friday available as Main Entree  Baby Carrots, WG Dinner Roll available with all meals Side Salad available with all meals Milk 1%, FF Chocolate & Skim available with all meals  <small>Menus are subject to change without notice.</small>
<p>All Meals Include: Entrée, Vegetable, and/or Side Salad, Fruit (fresh fruit available daily), and Choice of Milk 1% White, Fat Free Chocolate, Skim (all antibiotic &amp; hormone free) Garden salad served daily.</p>				<p><b>1</b> <b>Spicy Mac &amp; Cheese Asst WG Pizza</b></p> <p>Broccoli Cuts Carrot/Celery Sticks Mixed Fruit, Fresh Apple</p>	
<p><b>4</b> <b>WG Chicken Nuggets WG Asst Pizza</b></p> <p>WG Rice, Corn, Sweet Carrots Applesauce, Fresh Banana</p>	<p><b>5</b> <b>FUEL SPECIAL Wachos</b> Waffles, Popcorn Chicken &amp; Jalapeno Cheese Sauce <b>WG Asst Pizza</b> Green Beans, Carrot Sticks Apple Slices, Orange Smiles</p>	<p><b>6</b> <b>Cheesy Baked Penne Hamburger/Chsburger on WG Roll</b></p> <p>Seasoned Broccoli Cuts, Diced Peaches, Fresh Apple</p>	<p><b>7</b> <b>Nacho Platter</b> Seasoned Beef, Salsa, Cheese Sauce <b>Chicken Patty on WG Roll</b> WG Rice, Vegetarian Beans, Carrot Coins, Banana, Diced Pears</p>	<p><b>8</b> <b>Bacon Cheeseburger on WG Roll Asst WG Pizza</b> French Fries Tossed Salad Assorted Fruit Cups Apple Slices</p>	
<p><b>11</b> <b>Chicken Patty on a WG Roll WG Asst Pizza</b></p> <p>WG Rice, Broccoli Cuts Sweet Carrots, Applesauce, Fresh Banana</p>	<p><b>12</b> <b>FUEL SPECIAL Breakfast Burrito</b> Salsa, Tater Tots, Egg &amp; Cheese <b>Hamburger/Chsburger on WG Roll</b> Tater Tots, Green Beans, Diced Peaches, Apple</p>	<p><b>13</b> <b>½ &amp; ½ Day –</b> Chicken Nuggets/Half Slice of Pizza <b>WG Asst Pizza</b> Diced Tomatoes,, Baked Beans, Apples Slices, Orange</p>	<p><b>14</b> <b>Twin WG Tacos</b> Seasoned Beef, Shredded Cheese <b>Chicken Patty on WG Roll</b> WG Rice, Vegetarian Beans,, Cucumber Coins, Fresh Fruit, Diced Pears</p>	<p><b>15</b> <b>Popcorn Chicken Bowl Asst WG Pizza</b> Tossed Salad Mashed Potatoes Sweet Corn, Gravy, Assorted Fruit Cups, Fresh Fruit</p>	
<p><b>18</b></p> 	<p><b>19</b> <b>Winter Recess School Closed</b></p>	<p><b>20</b> <b>WG Chicken Nuggets Turkey &amp; Cheese Sandwich Nacho Salad WG Asst Pizza</b> WG Rice, Corn, Sweet Carrots, Applesauce, Fresh Banana</p>	<p><b>21</b> <b>Walking Nacho's</b> Seasoned Beef, Salsa, Cheese Sauce <b>Chicken Patty on WG Roll</b> WG Rice, Black Beans, Carrot Coins, Fresh Fruit Diced Pears</p>	<p><b>22</b> <b>Spaghetti &amp; Meat Sauce Asst WG Pizza</b></p> <p>Tossed Salad Broccoli Cuts Assorted Fruit Cups Fresh Fruit</p>	
<p><b>25</b> <b>Hot Dog on WG Roll WG Asst Pizza</b></p> <p>French Fries Vegetarian Beans Apple Slices Fresh Banana</p>	<p><b>26</b> <b>WG Grilled Cheese w/Tomato Soup Hamburger/Chsburger on WG Roll</b> Tater Tots, Broccoli Cuts, Diced Peaches, Apple</p>	<p><b>27</b> <b>Chicken Patty Parmesan/Sandwich WG Asst Pizza</b></p> <p>Side Pasta Carrot Coins, Diced Tomatoes Applesauce, Fresh Orange</p>	<p><b>28</b> <b>Nacho Platter</b> Seasoned Beef, Salsa, Cheese Sauce <b>Chicken Patty on WG Roll</b></p> <p>WG Rice, Vegetarian Beans, Carrot Coins, Fresh Fruit Diced Pears</p>	<p><b>3/1</b> <b>Meatball Parmesan Sandwich WG Asst Pizza</b> Green Beans Tossed Salad Assorted Fruit Cups Fresh Fruit</p>	

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